

## Channeling Tubular Tranquility

cottonwood  
and juniper  
saguaro  
and cactus rose  
how rivers reach skies

breathe in air  
breathe out water  
veins through limbs  
canyons through stone  
we are all channels

dew gathers  
storm clouds cluster  
rain sings down  
thunder brings light  
heart joins the tempest

soft sighs dusk  
rages released  
dragonfly  
and bat and owl  
find roads for their wings

night whispers  
dawn soon returns  
drink down dreams  
sunlight summons  
unafraid, we rise

Cassandra Windwalker